

4th Grade Physical Education Newsletter

September 2006

**Mrs. Fisher
Mrs. Paetzold**

Return to P.E. Class

All students are to bring a folder to be kept in the P.E. class. Mrs. Fisher requests that students return the information form as soon as possible.



P.E. Skills

Students are currently learning playground games such as four square and two square. Soon they will learn tetherball and sand volleyball.

Excuse Notes



If your child is sick or injured on a physical education (P.E.) day, please send a note explaining what the child can or cannot do. All doctors' notes regarding activity restrictions need to also be sent to the P.E. teachers. Notes not written by a doctor are only good for the day they were written.

Grade Cards

Students' physical education grade cards will be in the form of a check list. This will result in designating the areas students need to improve in.

Appropriate Clothing



Students are to wear tee-shirts, shorts or jeans and tennis shoes to P.E. class. No jewelry, gum, items that hang off the body, or dresses. Inappropriate dress puts the student at risk for injury and the student may not be allowed to participate.

Fun Website for Kids

www.yucky.com This site is part of the Discovery Kids family of Web sites. It claims to be "the yuckiest site on the Internet" and also has games for entertainment.

P.E. Webpage

When the P.E. webpage is up, you'll be able to access the newsletters and other related information online.

Sept. Upcoming Events

- 18-22 National Recess Week
- 24 World Heart Day
- 30 Worldwide Day of Play

When do you have P.E.?

View the calendar below to determine which days you have physical education class.

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What if school is cancelled?

If school is cancelled, for whatever reason, your art-music-physical education day will be moved one day later (or the same number of days school was cancelled). If your child misses any class due to an early dismissal, assembly, field trip, illness, etc., this will not affect/change their art-music-physical education day. It will remain on the original day as scheduled.

monday	tuesday	wednesday	thursday	friday
				Sept 1 day 3
Sept 4 NO school	Sept 5 day 1	Sept 6 day 2	Sept 7 day 3	Sept 8 day 1
Sept 11 day 2	Sept 12 day 3	Sept 13 day 1	Sept 14 day 2	Sept 15 day 3
Sept 18 day 1	Sept 19 day 2	Sept 20 day 3	Sept 21 day 1	Sept 22 day 2
Sept 25 day 3	Sept 26 day 1	Sept 27 day 2	Sept 28 day 3	Sept 29 day 1

Contacting the Physical Education Teachers

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