

# 2011 Sports Participation

## Ranked by Total Participation

*Participated more than once (in millions)*

*Seven (7) years of age and older*

*Percent change is from 2010*

<b>Sport</b>	<b>Total</b>	<b>Percent Change</b>	<b>Sport</b>	<b>Total</b>	<b>Percent Change</b>
Exercise Walking	97.1	1.3%	Table Tennis/Ping Pong	10.9	-15.2%
Exercising with Equipment	55.5	0.3%	Softball	10.4	-4.2%
Swimming	46.0	-11.4%	Volleyball	10.1	-5.1%
Camping (Vacation/Overnight)	42.8	-4.3%	Fishing (Saltwater)	9.7	-0.7%
Aerobic Exercising	42.0	8.9%	Dart Throwing	9.3	-11.2%
Bicycle Riding	39.1	-1.6%	Football (Tackle)	9.0	-3.0%
Hiking	39.1	3.8%	Kayaking	7.1	26.6%
Running/Jogging	38.7	8.9%	Skiing (Alpine)	6.9	-7.1%
Bowling	34.9	-10.6%	Skateboarding	6.6	-14.3%
Work-Out At Club	34.5	-4.8%	Archery (Target)	6.3	-3.3%
Weightlifting	29.1	-7.4%	In-line Roller Skating	6.1	-18.4%
Fishing (Freshwater)	28.0	-6.4%	Mountain Biking (Off Road)	6.0	-17.8%
Basketball	26.1	-2.9%	Paintball Games	5.3	-13.2%
Yoga	21.6	6.9%	Target Shooting (Airgun)	5.3	0.1%
Golf	20.9	-4.3%	Hunting with Bow & Arrow	5.1	-0.2%
Billiards/Pool	20.0	-16.9%	Snowboarding	5.1	-16.1%
Target Shooting	19.6	-1.2%	Gymnastics	5.1	7.6%
Boating (Motor/Power)	16.7	-17.0%	Water Skiing	4.3	-17.8%
Hunting with Firearms	16.4	0.6%	Wrestling	3.2	9.4%
Soccer	13.9	3.0%	Muzzleloading	3.1	0.2%
Tennis	13.1	7.0%	Hockey (Ice)	3.0	-9.2%
Baseball	12.3	-1.9%	Lacrosse	2.7	3.5%
Backpacking	11.6	3.7%	Skiing (Cross Country)	2.3	11.5%